

Important Instructions for Patients on ADT



ASSOCIATED
MEDICAL
PROFESSIONALS

Androgen Deprivation Therapy (ADT) — Impact on Bone Health

ADT for prostate cancer (commonly called “hormone therapy”) works by lowering the level of male hormones (androgens) in the body to slow the growth of cancer. However, ADT can also cause a gradual loss of calcium from the bones, leading to decreased bone mineral density (BMD). As a result, men on ADT are at high risk for developing osteoporosis (severe bone weakening), and having bone fractures. To monitor your bone health, your urologist may order periodic DEXA scans.

For these reasons, the American Urological Association (AUA) recommends all men on ADT take a calcium and vitamin D supplement to help protect bone health.

We’ve partnered with Theralogix—a trusted brand known for evidence-based supplements that are rigorously tested and content certified for exceptional quality.

Theralogix Prosteon meets the AUA recommendation, providing a synergistic combination of key nutrients to maintain optimal bone strength.*



All Theralogix supplements are independently tested and certified for content accuracy, purity, and freedom from contaminants.

Want to learn more?
Visit theralogix.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Prosteon®

The only nutritional supplement specifically formulated to support bone health in men on androgen deprivation therapy (ADT).*

- **Calcium citrate:** A highly absorbable and bioavailable form of calcium. The preferred form for anyone taking acid-reducing medications (i.e., Nexium®, Prilosec®, Protonix®, Prevacid®, etc.).*
- **Vitamin D₃:** Promotes calcium absorption and healthy vitamin D levels.* Adequate intake of vitamin D along with calcium is critical for keeping bones strong.*
- **Vitamin K₂:** Works with vitamin D to ensure calcium is deposited in the bone, not the arteries. Promotes bone and heart health.*
- **Magnesium:** Helps to activate vitamin D and is essential for bone formation.*
- **Boron:** Supports calcium and vitamin D metabolism for optimal bone health.*



Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 180

	Amount Per 2 Tablets	% Daily Value
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Calcium (as calcium citrate)	500 mg	38%
Magnesium (as magnesium oxide)	100 mg	24%
Boron (as Albion™ bororganic glycine)	1.5 mg	†
Vitamin K (as menaquinone-4)	50 mcg	†

† Daily Value not established

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, vegetable stearic acid, silicon dioxide, vegetable magnesium stearate, clear vegetable coating (hypromellose, glycerine)

Albion™ is a trademark of Albion Laboratories, Inc

Suggested Use:

Take two tablets with a meal, twice a day, or as recommended by your healthcare provider.

Tablets can be cut or crushed.

Order Prosteon online at **theralogix.com** or by phone at **(800) 449-4447**.



Theralogix products are not available in stores.

Please use the Provider Referral Code (PRC) when ordering to receive preferred pricing.

Provider Referral Code (PRC)

THERALOGIX

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