

## SEXUAL HEALTH INVENTORY FOR MEN (SHIM)



Patient Name \_\_\_\_\_

Date \_\_\_\_\_

### Patient Instructions

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that best describes your own situation. Please be sure that you select one and only one response for each question.

### OVER THE PAST 6 MONTHS

1. How do you rate your confidence that you could get and keep an erection?	None	Very Low	Low	Moderate	High	Very High
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	Never	Almost Never or Never	A few Times	Sometimes	Most Times	Almost Always or Always
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	Never	Almost Never or Never	A few Times	Sometimes	Most Times	Almost Always or Always
4. During sexual intercourse, how difficult was it to maintain your erection to the completion of intercourse?	Always Difficult	Extremely Difficult	Very Difficult	Difficult	Slightly Difficult	Not Difficult
5. When you attempted sexual intercourse, how often was it satisfactory for you?	Never	Almost Never or Never	A few Times	Sometimes	Most Times	Almost Always or Always